



## SUICIDE PREVENTION LIFELINE PROVIDES HOPE TO THOSE IN NEED

Parker is a call specialist for Greater Twin Cities United Way's Suicide Prevention Lifeline. He provides help, hope and support for those who are going through a difficult time.

**"By helping callers stay safe today. I empower them to find hope for tomorrow."**

**Through our 211 resource helpline, United Way acts as a bridge, providing people with information and referrals to over 40,000 statewide resources and services to ensure they have their basic needs met.** So when the Minnesota Department of Health sought applicants to become Minnesota-based providers of the National Suicide Prevention Lifeline, we made the leap.

"I decided to become a call specialist because I found it really important to help people through their struggles with the world the way it is. I think it's really important to have people there to listen and support when people need it."

If you, or someone you know, is struggling with suicide, dial 9-8-8 (or 1-800-273-8255) for immediate support.