

Make Greeting Cards

Provide handmade greeting cards to recipients of meals from Meals on Wheels. Meals on Wheels is an area nonprofit that partners with organizations to deliver nutritious meals to older adults and those with disabilities. Providing a healthy meal on a regular schedule is an important factor for independent living and your cheery message can accompany a meal to someone who may be isolated.

To Volunteer At Home,
email VolunteerUnited@gtcuw.org to get
connected with a program near you!



Here are some tips to making great greeting cards:

- Anyone can design and make a greeting card. Cards from children are especially welcome.
- Use cardstock if possible. Keep cards to a maximum folded size of 5-1/2" by 8"
- Cards are a day brightener for those who receive them. Keep messages positive and upbeat! Seasonal and secular topics are best. You can also make birthday cards.
- Are you a Spanish speaker? Cards in Spanish are also welcome.
- Original art is encouraged! Markers, crayons, colored pencils, paint, ink stamps – any medium works. No stickers, please. They tend to curl up and fall off the cards.
- An envelope for each card is nice to have, but not a necessity.
- You may create as few or as many cards as you like.