

Unite to fuel Change



Assemble Hygiene Packs

Provide basic personal care items that contribute to both the health and dignity of a person. SNAP (commonly known as food stamps) does not cover non-food essentials such as hygiene items. Donating hygiene packs helps individuals and families allocate resources to other essential needs.

Instructions

1. Choose how many packs to assemble
2. Purchase supplies for your packs (see item list below)
3. Assemble your packs by placing all items into the correct type of bag listed
4. Contact VolunteerUnited@gtcuw.org for drop-off location instructions

Hygiene Pack Items

Hygiene kits consist of basic items and can be gender-specific or gender neutral. All items should be full size, not travel size. Including items from the optional list as well as ethnic hair care products are especially appreciated.

Basic Kit Items - place into a Gallon Ziploc bag (2-gallon size if adding optional items)

- Shampoo
- Bar soap
- Toothpaste
- Deodorant
- Conditioner
- Toothbrush
- Dental floss

Additional Kit Items (optional)

- Shaving cream
- Body lotion
- Chapstick
- Mouthwash
- Disposable safety razors
- Comb
- Nail clippers
- Feminine hygiene products



Questions? Contact VolunteerUnited@gtcuw.org